

## TEACHER'S RESOURCE CENTER

## SAMPLE MATERIAL

## TESTS

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## COMPETENCE TEST

Name: $\qquad$ Result: $\qquad$ /70

## ORAL COMMUNICATION (Listening and Speaking)

## Listening

## In the street

## $1 \leqslant$ Listen and choose the correct answers.

1 The main topic of the listening is
a forms of transport.
b Italian food.
c Thai food.
d directions to a place.
2 Sara is talking to
a the underground ticket seller.
$\mathbf{b}$ her friend.
c a bus driver.
d someone she doesn't know.
3 Sara is looking for
a the bus.
$\mathbf{b}$ her friend.
c an Italian restaurant.
d the shopping centre.
4 What does Sara want to do at the shopping centre?
a She wants to do some shopping.
b She wants to go to an Italian cooking class.
c She wants to go to a Thai cooking class.
d She is teaching a cooking class.
5 At the end of the conversation,
a they decide to take the underground.
b they decide to go the Italian restaurant first.
c they decide to walk.
d they decide to take the bus.

## Competence test

2 Listen again and answer the questions. Write complete sentences.
1 What is on the right side of Green Street?

2 When is the next bus?

3 When does the class start?

4 What are the different types of public transport Sara can use?

5 What does Martin like at the Italian restaurant?

## 3 Listen again and check your answers.

Score

## Competence test

## Speaking 1.1

## Giving directions

Follow all of the steps to complete the task.

## Step 1: Preparation

You are going to role-play a dialogue with a partner.
Ask for and give directions to your favourite restaurant in the city from your school. Describe the restaurant.
e.g. First, you turn right and go along Station Road for five minutes.

## Step 2: Planning

With your partner, plan the dialogue. Use the table below to help you. You can use the internet to find information about the restaurant. You must present your dialogue in English.

| What your favourite restaurant is |  |
| :--- | :--- |
| Why you like it |  |
| Where it is |  |
| Directions from the school |  |
| Other buildings and things you can see <br> on the way to the restaurant |  |
| What types of transport you can use |  |

Read the tips to help you with your dialogue.

* Start with a question.
* Use expressions to check what your partner is saying.
* Show a map or pictures of the restaurant.
* Include phrases to ask for and give directions.


## Competence test

## Step 3: Presentation

Before you present your dialogue, use this checklist to make sure you have included everything.

|  | I have written a draft. |
| :--- | :--- |
|  | I have included all the information: the restaurant, why we like it, where it is, how to get there, other <br> buildings and things you can see on the way and different transport options. |
|  | I have reviewed the grammar and vocabulary. |
|  | I have included prepositions of place (opposite, near, ...). |
|  | I have included a map or photos. |
|  | I have included phrases to ask for and give directions. |
|  | I have practised the presentation. |

Look at the evaluation table below with your teacher. Make sure you think about each element before you speak. Then present your dialogue to the rest of the class.

| Oral assessment | Giving directions | Date: |
| :---: | :---: | :---: |
| Pair: | Name: | Mark: __/10 |
| 0 PREPARATION and PLANNING | Follows guidelines: <br> - complete information in the table <br> - good use of the internet <br> - use of visual information (maps, pictures ...) |  |
| 1 CONTENTS | Meets task requirements <br> Coherent <br> Well-organised <br> Clear directions and relevant information |  |
| 2 ORAL FLUENCY | Intonation <br> Pronunciation <br> Asks questions and responds appropriately <br> Uses expressions to check <br> Emphasis on relevant details |  |
| 3 ACCURACY | Appropriate use of: <br> - tense <br> - phrases to ask for and give directions <br> - question forms |  |
| 4 COMPLEXITY | Use of connectors <br> Variety of vocabulary <br> Use of different grammatical structures |  |
| 5 BODY LANGUAGE | Eye contact <br> Gestures, facial expressions and posture |  |

## Competence test

## Speaking 1.2

## Choosing a restaurant

Follow all of the steps to complete the task.

## Step 1: Planning

Your class wants to celebrate the end of the school year with a party at a local restaurant. Which would be the best option?

```
    - a traditional restaurant - a fast-food restaurant
- a hotel - your own idea
```

- Individually, choose the restaurant that you want to go to. Think of reasons to support your choice.
- Use the internet to look for more information about the restaurant. You can research in your own language.


## Step 2: Work with a partner

- Share your suggestion with a partner. Remember to listen to your partner's ideas. You must speak in English.
- Agree on the best option.


## Step 3: Group discussion

- Your teacher will put you in groups of four. Use your ideas to convince the students in your group.
- Look at the evaluation table below with your teacher. Make sure you think about each element before you speak.
- Discuss the suggestions and agree on the best option.

| Oral assessment | Choosing a restaurant | Date: |
| :--- | :--- | :--- |
| Group: | Name: | Mark: |
| $\mathbf{1}$ CONTENTS | Meets task requirements <br> Makes interesting proposals <br> Supports arguments with reasons |  |
| $\mathbf{2}$ ORAL FLUENCY | Intonation <br> Pronunciation <br> Responds appropriately <br> Listens to others |  |
| $\mathbf{3}$ ACCURACY | Appropriate use of: <br> - tense <br> - restaurant and food vocabulary <br> - question forms <br> - countable and uncountable nouns |  |
| $\mathbf{4}$ COMPLEXITY | Variety of functions: suggestions, asking for clarification, <br> interrupting politely, agreeing and disagreeing <br> Use of connectors <br> Variety of vocabulary <br> Use of different grammatical structures |  |
| $\mathbf{5}$ BODY LANGUAGE | Eye contact <br> Gestures, facial expressions and posture |  |

## WRITTEN COMMUNICATION (Reading and Writing)

## Reading 1.1

Read the text and answer the questions.
Do you feel like a fast snack? In our section on healthy living, three teenagers tell us their favourite snacks that they can make in less than ten minutes. 1 $\qquad$
My favourite quick snack is pizza bread. I toast a piece of bread for two minutes. Then, I put tomato sauce on one side, and add cheese, some herbs and spices and more cheese! Then I toast the side with the cheese for two minutes. 2 $\qquad$ Five minutes to make and two minutes to eat! Delicious! - Gerard

My mum makes a snack called pikelets. 3 $\qquad$ They're very simple and now I can make them and it's fun. The most important ingredients are eggs, butter and sugar. You mix everything together and cook a bit of the mixture and turn it over. Each pikelet takes about two minutes to cook. I put chocolate sauce on them. I can eat five or six! - Harriet

I make a smoothie by putting four pieces of frozen banana, some other fruit and some milk in an electric mixer. I mix it for one minute and drink it! It's very good for you. I sometimes use vegetables as an alternative to fruit. 4 $\qquad$ Making a smoothie is cheaper than going to a juice bar, but it's nicer when someone makes it for you! - Polly

1-4 Four sentences have been removed from the text. Put them in the correct place. There is one extra sentence.
a Don't leave it in too long or it will burn.
b Enjoy their ideas and add them to your recipes.
c Weekends are the best time for it.
d In fact, my brother likes them better that way.
e She learnt how to make them from her grandmother.

5 Imagine you are the author of the text. Write an appropriate title.

[^0]$\qquad$
$\qquad$

7 What is your favourite snack? Give instructions how to make it. Include at least three steps in 30-40 words. (3 points)
$\qquad$
$\qquad$
$\qquad$
$\qquad$

## Competence test

## Reading 1.2

Read the text again and answer the questions.
1 This text is
a an announcement.
b an email.
c an article in a magazine.
d a review.
2 What is the purpose of the text?
a to inform people about fast food
b to give people recipe ideas
c to show which recipe is best
d to make people laugh
3 Which person offers two ways to make their recipe?
a Gerard
b Harriet
c Polly
d none of them
4 Is the text formal or informal? Why? Give one reason to justify your answer.

5 How many recipes have milk? How much does the recipe use?

## Competence test

## Writing

You see this advert in an online magazine.
We are looking for young writers to tell us about their lives!
What is your favourite place to spend time with your friends?
Describe the place. Say what you do there and why you like it.
We will put the best description in our magazine!

## Writing 1.1

Follow all of the steps to complete the task.

## Planning

You are going to write an article.
Plan your article. Use the chart below to help you organise your ideas.

| Parts of the article | Information you need | Notes <br> (remember which vocabulary and verb tenses you <br> need to use, e.g. places, activities, people, <br> adjectives, action verbs, present simple) |
| :--- | :--- | :--- |
| Title | Give your article an interesting title. You <br> can do this after planning if you like. |  |
| First paragraph <br> (place) | What is your favourite place? <br> What kind of place is it? |  |
| Second paragraph <br> (description) | What does it look like? <br> What is there/are there in the place? |  |
| Third paragraph <br> (activities) | What different activities do you do <br> there? |  |
| Ending <br> (reason) | Why do you like this place? |  |

## Competence test

## Writing 1.2

Write your article using the information in your plan.
Tip: Remember to use adjectives to make your description more interesting.
Write 60-80 words.
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$

## Competence test

## Writing 1.3

## Checking and improving your writing

After you have written your article, use the checklist below to improve your text.

| Check if these things are true about your article: | Yes | No | I can <br> improve |
| :--- | :--- | :--- | :--- |
| The article has an interesting title. |  |  |  |
| The text is organised into paragraphs. |  |  |  |
| Each paragraph has the information from your planning. |  |  |  |
| You have used different words; you don't repeat words too much. |  |  |  |
| The sentences are correct and make sense. |  |  |  |
| There are full stops, commas, question marks, etc. |  |  |  |
| Your spelling is correct. |  |  |  |
| Your text looks like an article. |  |  |  |
| Your article is interesting to read. |  |  |  |
| Your article has an appropriate ending. |  |  |  |

Make improvements to your article. Then it will be ready for your readers.


DIAGNOSTIC TEST

Name: $\qquad$ Result: . 70

## ORAL COMMUNICATION (Listening and Speaking)

## Competence 1 Listening

## A care centre

$1 \leftarrow$ Listen and choose the correct answers.
1 Where is the care centre?
a India
b Thailand
c Japan
d China
2 The volunteers
a feed and wash the elephants.
b can ride the elephants.
c can sleep with the elephants.
d swim with the elephants.
3 Where do the elephants sleep?
a at the centre
b in the forest
c in their shelters
d with the volunteers in their homes
4 Where do the volunteers get the fruit for the elephants from?
a local supermarkets
b the beach
c the forest
d local farms
5 The centre is
a on the beach.
b very close to Bangkok.
c in a beautiful place.
d in the forest.

## Diagnostic competence test

2 Listen again and answer the questions. Write complete sentences.
1 What is the care centre looking for?

2 What does the money pay for?

3 How long do the volunteers work in the centre?

4 What do the volunteers clean?

5 How often do volunteers get fruit for the elephants?

3 Listen again and check your answers.
Score /10

## Competence 2 Speaking

## Tourist information

Follow all of the steps to complete the task.

## Step 1: Preparation

You are going to role-play a dialogue with a partner.

Imagine that Student A works at a local tourist centre and Student B is a tourist looking for information. Role-play a situation where you ask and answer questions about a local tourist sight.
e.g. Student A: How can I help you? Student B: I'm looking for information about the local museum.

## Step 2: Planning

With your partner, plan the dialogue. Use the table below to help you. Use the internet to find information about the local tourist sight that you choose. You must present your dialogue in English.

| Which local tourist sight Student B wants <br> to visit and why |  |
| :--- | :--- |
| Where the tourist sight is |  |
| How you can get there by public transport |  |
| What the opening and closing times are |  |
| How much it costs |  |
| Any other important information or <br> suggestions |  |

Read the tips to help you with your dialogue.

* Start with a question.
* Use phrases to ask for and give information.
* Show pictures, videos or maps to support your role-play.
* Use vocabulary for travel and tourism.
* Make sure you both ask and answer questions.


## Diagnostic competence test

## Step 3: Presentation

Before you present your dialogue, use this checklist to make sure you have included everything.

|  | I have written a draft. |
| :--- | :--- |
|  | I have included all the information: what the tourist sight is and why you want to visit it, where it is, how <br> you can get there by public transport, what the opening and closing times are, how much it costs and any <br> other important information or suggestions. |
|  | I have reviewed the grammar and vocabulary. |
|  | I have asked my partner questions and prepared my answers. |
|  | I have made suggestions and have agreed and disagreed with my partner's suggestions. |
|  | I have asked for and given the necessary information. |
|  | I have included photos, videos or maps. |
|  | I have practised the presentation. |

Look at the evaluation table below with your teacher. Make sure you think about each element before you speak. Then present your dialogue to the rest of the class.

| Oral assessment | Tourist information | Date: |
| :--- | :--- | :--- |
| Pair: | Name: | Mark: |
| $\mathbf{0}$PREPARATION and <br> PLANNING | Follows guidelines: <br> - complete information in the table <br> - good use of the internet <br> - use of visual information (pictures or videos) |  |
| $\mathbf{1}$ CONTENTS | Meets task requirements <br> Coherent <br> Well-organised <br> Relevant, interesting information and details |  |
| $\mathbf{2}$ ORAL FLUENCY | Intonation <br> Pronunciation <br> Asks questions and responds appropriately <br> Expanded on my answers <br> Emphasis on relevant details |  |
| $\mathbf{3}$ ACCURACY | Appropriate use of: <br> - -tense <br> - phrases asking for and giving information <br> - -vocabulary for travel and tourism |  |
| $\mathbf{4}$ COMPLEXITY | Use of connectors <br> Variety of vocabulary <br> Use of different grammatical structures |  |
| $\mathbf{5}$ BODY LANGUAGE | Eye contact <br> Gestures, facial expressions and posture |  |

Total for Competence 2:

## Competence 3 Speaking

## Visiting New York City

Follow all of the steps to complete the task.

## Step 1: Planning

Your school group has won a trip to visit New York City. You have one free day to visit the city but you don't have much time. What are the two things that you think would be the most interesting to do?

- visit Central Park - visit the Statue of Liberty
- go to the American Museum of Natural History - your own idea
- Individually, decide the two places that you think would be the interesting. Think of reasons to support your choices.
- Use the internet to look for more information about different things to do and see in New York City. See what other people think. You can research in your own language.


## Step 2: Work with a partner

- Share your suggestions with a partner. Remember to listen to your partner's ideas. You must speak in English.
- Try to agree on the two best options.


## Step 3: Group discussion

- Your teacher will put you in new groups of four. Use your ideas to convince the students in your group.
- Look at the evaluation table below with your teacher. Make sure you think about each element before you speak.
- Discuss the suggestions and try to agree on the two best options.

| Oral assessment | Visiting New York City | Date: |
| :--- | :--- | :--- |
| Group: | Name: | Mark: |
| $\mathbf{1}$ CONTENTS | Meets task requirements <br> Makes interesting suggestions <br> Supports arguments with reasons |  |
| $\mathbf{2}$ ORAL FLUENCY | Intonation <br> Pronunciation <br> Asks questions and responds appropriately <br> Makes suggestions <br> Gives opinion <br> Listens to others |  |
| $\mathbf{3}$ ACCURACY | Appropriate use of: <br> - tense <br> - vocabulary for travel, tourism and activities <br> - descriptive adjectives |  |
| $\mathbf{4}$ COMPLEXITY | Variety of functions: suggestions, asking for clarification, <br> interrupting politely, agreeing and disagreeing <br> Variety of vocabulary <br> Use of different grammatical structures |  |
| $\mathbf{5}$ BODY LANGUAGE | Eye contact <br> Gestures, facial expressions and posture |  |

## WRITTEN COMMUNICATION (Reading and Writing)

## Competences 4 and 5 Reading

## Competence 4 Reading

Read the text and answer the questions.
Do you spend a lot of time looking at your phone, laptop or tablet screen? Do you read messages on your phone at night? Are you worried about how often you look at your phone? If you are, add some 'screen-free' time to your weekly routine.

Sometimes it's good to turn off technology. First, it makes you live in the 'present moment'. This means that you look up from your screen and really see what's happening around you. Who or what can you see? What can you hear? How do you feel? Take some time to enjoy the moment without a screen.

Second is sleep. The blue light from your phone screen is bad for sleep. And when you do sleep, messages and calls can wake you up. It isn't a surprise that you feel tired the next day! So, put your phone on the charger in the kitchen, not your bedroom, when you go to bed.

Third, we all have busy lives and technology makes it busy, too. When you spend less time with technology, you have more time to do other things. For example, you can see your friends and family, learn to play a musical instrument or do sport.

Technology is an important part of our lives, but it isn't everything. It's good to take a break from it - there are a lot of interesting and different things we can do. So, try some 'screen-free' time!

1 Imagine you are the author of the text. Write an appropriate title for the text.

2 If you live in the present moment, you
a look at your screen.
b go out.
c look and listen to things around you.
c have the latest apps downloaded.

3 According to the text, if you don't look at your phone at night
a your phone gets a better charge.
b it's easier to sleep.
c you're tired the next day.
d you miss a lot of information.

## Diagnostic competence test

4 What does the writer say happens when you don't use technology so often?
a You have more free time.
b Your free time options are limited.
c You don't see your friends and family as often.
d You miss a lot of important updates.

5 According to the text, what can you do if you use screens less?
a You can make more friends.
b You can save a lot of money.
c You can have less stress in your life.
d You can learn new skills.

6 After reading the text, what do you think is the best point to having more 'screen-free' time? Support your answer with two reasons in about 30 words. (2 points)
$\qquad$
$\qquad$
$\qquad$
7 Do you think that young people use screens too much or do you think it is important for modern life? Support your answer with three different reasons in about 30-40 words. (3 points)
$\qquad$
$\qquad$
$\qquad$
Total for Competence 4: /10

## Diagnostic competence test

## Competence 5 Reading

Read the text again and answer the questions.
1 This text is
a an online article.
b a short story.
c a scientific paper.
c from a history book.

2 What is the purpose of the text?
a to make the reader laugh
b to present scientific evidence
c to make people agree with the writer about a topic
d to talk about a personal experience
3 The writer thinks that technology makes our lives
a better.
b more important.
c different.
d busy.
4 Do you think that this text is more 'fact' or more 'opinion'? Why?

5 In which paragraph does the writer give advice to the reader? What is it?

## Diagnostic competence test

## Competences 7, 8 and 9 Writing

Write an informal email.

Your school is connected to a school in Brazil. Write an informal email to one of the students.
Competence 7 Writing
Follow all of the steps to complete the task.

## Planning

You are going to write an informal email.
Plan your email. Use the chart below to help you organise your ideas.

| Parts of the email | Information you need | Notes <br> (remember which vocabulary and verb tenses you <br> need to use, e.g. vocabulary for personal <br> information, family, home and activities, past <br> simple and present continuous) |
| :--- | :--- | :--- |
| Subject heading | Give your email an appropriate subject <br> heading. You can do this after planning <br> if you like. |  |
| First paragraph <br> (introduction) | What's your name? <br> How old are you? <br> Where do you live? | Who do you live with? <br> What are your hobbies? |
| Second paragraph <br> (description) | What do you do every day? <br> What are your days like? | Third paragraph <br> (daily routine) |
| Fourth paragraph <br> (closing) | What do you want to know about your <br> email-friend in Brazil? |  |

## Diagnostic competence test

## Competence 8 Writing

Write your email.

Tip: Remember to use different words to describe your family and daily routine. Use verbs correctly.
Write 60-80 words.
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$

## Diagnostic competence test

## Competence 9 Writing

Checking and improving your writing
After you have written your email, use the checklist below to improve your text.

| Check if these things are true about your email: | Yes | No | I can <br> improve |
| :--- | :--- | :--- | :--- |
| The email has an appropriate subject heading. |  |  |  |
| The text is organised into paragraphs. |  |  |  |
| Each paragraph has the information from your planning. |  |  |  |
| You have used different words; you don't repeat words too much. |  |  |  |
| The sentences are correct and make sense. |  |  |  |
| There are full stops, commas, question marks, etc. |  |  |  |
| Your spelling is correct. |  |  |  |
| Your text looks like an email. |  |  |  |
| You describe where you live, who you live with, your hobbies and your <br> daily routine. |  |  |  |
| You ask your email-friend a question. |  |  |  |
| Your email has an appropriate ending. |  |  |  |

Make improvements to your email. Then it will be ready for your reader.


PROGRESS TEST:
BASIC
$\qquad$ Result: _/100

## Vocabulary

1 Match the foods in the box with the photos.
grapes melon mushrooms
grapes melon mushrooms
noodles onions yoghurt
noodles onions yoghurt


1


3


5 $\qquad$

2

4

6 $\qquad$
Score $\qquad$ /6

2 Choose the correct option.
Lucy What do we need to buy for Dad's birthday dinner, Mike?

Mike Mum wants to make an omelette, so we need 1 eggs/chicken. If we get 12 , we can make a birthday 2 yogurt/cake too.

Lucy Great! Dad likes pizza, so for that we need cheese and tomato 3 sauce/milk.

Mike Pizza tastes better with 4 herbs/banana and spices on. Let's get some oregano.
Lucy OK. I think we need 5 beef/milk for tea and coffee in the morning. Let's get one litre.

Mike Perfect. We can get some 6 chips/ice cream, too. Which do you prefer: vanilla, strawberry or chocolate?

Lucy Chocolate, of course!
Score $\qquad$ /6

3 Complete the sentences with the correct word in brackets.

1 London has got 270 $\qquad$ , but only $45 \%$ of them are below the ground. (bus stops/underground stations)

2 The best place to drink fresh fruit juice is in a
$\qquad$ . (juice bar/department store)
3 In the local $\qquad$ , there are books that you can look at or borrow. (museum/library)

4 There are two $\qquad$ in my town. One is for big concerts of famous singers and groups, and the other is smaller.
(music venues/sports centres)
5 If you want to learn about the history of my town, go to the $\qquad$ in the centre.
(museum/bike station)
6 It is easy to travel by bicycle because there are
$\qquad$ on the most important roads.
(skate parks/cycle lanes)
Score

4 Choose the correct answers to complete the sentences.

1 I $\qquad$ two times a week. I like keeping fit. a use social media b go to the gym

2 It's very $\qquad$ today. I can't see very far.
a windy b foggy

3 Take your $\qquad$ on your trip to keep warm.
a scarf
b penknife
4 Tom always uses a hat and $\qquad$ when it is very sunny.
a ice cream
b sun cream
5 My Dad thinks he's $\qquad$ , but we think he's old-fashioned.
a trendy
b frosty
6 After school, Louis always goes $\qquad$ .
a juice bar
b roller-skating

7 Maggie is wearing $\qquad$ clothes for her first day at school.
a hoodie b smart

Score $\qquad$

## Grammar

5 Choose the correct options to complete the dialogue.

Jess What's your favourite day, Eric?
Eric Saturday, because I haven't got 1 any/some classes. I usually have a big breakfast. My dad makes 2 a/some eggs and toast.
Jess Do you do $\mathbf{3}$ any/an activities on Saturdays?
Eric Yes, I'm in 4 some/a football club. We play in the afternoon and usually eat 5 a/some pasta after the match. Then we go and watch 6 a/any film at the cinema. I love Saturdays!

Score __/6 /6

6 Complete the sentences with is, are, isn't or aren't.
There 1 $\qquad$ a restaurant at my school but there 2 $\qquad$ any vegetarian dishes.

There 3 $\qquad$ some bananas in my lunchbox but there 4 $\qquad$ an apple.

There 5 $\qquad$ any rice today but it's ok because there 6 $\qquad$ some pasta.

> Score __/6

7 Complete the interview with the words in the box.
any is isn't many much ( x 2 )

## Celebrity fridges

## This week, we ask YouTuber Hoopie

## Dewson 'What's in your fridge?'

I How 1 $\qquad$ fruit is there in your fridge, Hoopie?

H Let's see. There are some lemons and some grapes. That's all.
I How 2 $\qquad$ lemons are there?

H There are six lemons.
I And 3 $\qquad$ there any meat?
H No, there 4 $\qquad$ any meat. I'm a vegetarian.
I How 5 $\qquad$ milk is there?
H Not a lot. Let's see. Oh ... there isn't 6 $\qquad$ milk. I need to go shopping!

8 Choose the correct answers to complete the dialogue.

Nigel Hi, Thea. What 1 $\qquad$ ?
Thea I'm putting on my boots. I'm going horse-riding.
Nigel Really? Where 2 $\qquad$ you go horse-riding?
Thea I go to the Northfield Centre. My lesson always 3 $\qquad$ at 11:00 am.

Nigel How 4 $\qquad$ lessons are you having?
Thea Twenty.
Nigel Are the lessons expensive?
Thea Yes, they are, but having lessons is
5 $\qquad$ than watching videos.
Nigel Is it dangerous?
Thea Yes, it is. I 6 $\qquad$ wear a helmet!
Nigel Yes. Don't forget 7 $\qquad$ !

| $\mathbf{1}$ | a do you do | b are you doing |
| :--- | :--- | :--- |
| $\mathbf{2}$ | a do | b are |
| $\mathbf{3}$ | a starts | b is starting |
| $\mathbf{4}$ | a much | b many |
| $\mathbf{5}$ | a better | b best |
| $\mathbf{6}$ | a must to | b must |
| $\mathbf{7}$ | a them | b it |

$\qquad$

## Reading

## Quick snacks

## Three teenagers tell us their favourite snacks that they can make in less than ten minutes.

My favourite quick snack is pizza bread. I toast a piece of bread for two minutes. Then, I put tomato sauce on one side, add cheese, some herbs and spices and more cheese! Then I toast the side with the cheese for two minutes. Five minutes to make and two minutes to eat! Delicious! - Gerard

My mum makes a snack called pikelets. They're very simple and now I can make them. The most important ingredients are eggs, butter and sugar. You mix everything together and cook a bit of the mixture and turn it over. Each pikelet takes about two minutes to cook. I put chocolate sauce on them. I can eat five or six! - Harriet

I make a smoothie by putting four pieces of frozen banana, some other fruit and some milk in an electric mixer. I mix it for one minute and drink it! It's very good for you. I sometimes use vegetables as an alternative to fruit. Making a smoothie is cheaper than going to a juice bar, but it's nicer when someone makes it for you! - Polly

## 9 Read the article. Match the people 1-3 with the food they use a-c.

1 Gerard
2 Harriet
3 Polly
a fruit, milk
b bread, tomato sauce, cheese, herbs and spices
c eggs, butter, sugar, chocolate sauce

## 10 Read the text again. Are the sentences T (true) or

 F (false)?1 Gerard uses a piece of bread to make pizza bread.
2 Gerard puts mushrooms on one side of his toast.

3 Gerard eats his snack in five minutes.

4 Harriet says pikelets are simple to make.

5 Pikelets take five minutes to cook.

6 You can eat pikelets with sauce.

7 Polly uses a mixer to make her snack.

8 Polly only uses fruit in her smoothies.

9 Making a smoothie is cheaper than buying one.

10 Polly enjoys her smoothie more when she
makes it.
Score /10

11 Which of the snacks in the text would you like to eat? Choose a snack and give a reason. Use the ideas in the box or your own ideas.


I would like to eat $\qquad$ because $\qquad$
$\qquad$
$\qquad$

## Listening

12 Before you listen, look at exercise 13. Choose the type of word you need for each question (1-6).

1 a place/a food
2 an adjective/a direction
3 a comparative adjective/a time
4 a food/an adjective
5 a time/a comparative adjective
6 an adjective/a place

Score /6
$13 \leqslant$ Listen and complete the notes with the missing words.

1 Sara is asking for directions to the
$\qquad$ .

2 The park is on the $\qquad$ .
3 Sara's cooking class is at $\qquad$ .
4 In the lesson, Sara will learn how to make a dish with $\qquad$ as the main ingredient.
5 Martin thinks that getting the underground will be
$\qquad$ than walking.

6 After the lesson, Sara and Martin are going to an
$\qquad$ restaurant.

14 Listen again. Are the sentences T (true) or F (false)?

1 The shopping centre is opposite the train station.
2 Sara gets a bus.

3 The cooking class is in a restaurant.

4 Martin wants to go to the cooking class.

5 Sara and Martin decide to go to the underground station. T/F

6 The Italian restaurant isn't near the station.
$\qquad$

## Speaking

15 Choose the correct option to complete the dialogue.

Ana Excuse me. Can you tell me how to 1 get/arrive to the skate park?
Ben Of course. Go straight 2 past/ahead along North Road. Turn right 3 to/into Well Street. Go 4 along/past the juice bar. The skate park is $5 \mathrm{in} / \mathrm{on}$ the left.

$$
\text { Score } / 5
$$

16 Work in pairs. Ask for and give directions in the Speaking task from your teacher.

Score $\qquad$

## Writing

17 Read the advert in an online magazine and write a description.

## Where is your favourite place to spend time with your friends?

Describe the place.
Say what you do there and why you like it.
We will put the best description in our magazine.

## Checklist

Paragraph 1: The place.
Paragraph 2: Describe the place.
Paragraph 3: What you do there.
Paragraph 4: Why you like it.

## Useful language

It's small/big ...
There are lots of ...
There is/There are .
It's got ...
We usually ...
I like it because ...

Write 50-80 words.
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$

## Teacher's comments:

Vocalbulary $\quad$ __/25
Grammar __/25
Reading __/15
Listening __/15
Speaking __/10
Writing __/10
TOTAL __/100


PROGRESS TEST: STANDARD

## Vocabulary

1 Look at the photos and write the food.


1

2

3 $\qquad$


3 $\qquad$

4


5


6 $\qquad$ Score /6

2 Complete the dialogue with the words in the box. There are three extra words.

## 3 Complete the sentences with one word in each gap.

1 London has got 270 $\qquad$ , but only $45 \%$ of them are below the ground.

2 The best place to drink vegetable and fruit juice is in a $\qquad$ .

3 In the local $\qquad$ , there are books that you can look at or borrow.

4 There are two $\qquad$ in my town.
One is for big concerts of famous singers and groups, and the other is smaller, for bands and singers that are less popular.

5 If you want to learn about the history of my town, go to the $\qquad$ in the centre.

6 It is easier to travel by bicycle into the centre because there are $\qquad$ on the most important roads.
Score
$\qquad$
4 Choose the correct answers to complete the sentences.

1 I $\qquad$ two times a week. I like keeping fit.
a use social media
b go to sleep
c go to the gym

2 It's very $\qquad$ today. I can't see very far. a windy b foggy c baggy

3 Take your $\qquad$ on your trip to keep warm.
a scarf
b penknife
c suitcase

4 Tom always uses a hat and $\qquad$ when it is very sunny.
$\mathbf{a}$ ice cream b butter $\quad \mathbf{c}$ sun cream
5 My Dad thinks he's $\qquad$ but we think he's old-fashioned.
a trendy
b frosty
c sunny

6 After school Louis always goes $\qquad$ .
a juice bar
b roller-skating
c practise the piano

7 Maggie is wearing $\qquad$ clothes for her first day at school.
a hoodie
b tights
c smart

Score 17

## Grammar

5 Choose the correct option to complete the dialogue.
Jess What's your favourite day, Eric?
Eric Saturday, because I haven't got 1 any/some classes to go to. I usually have my breakfast late. Sometimes my dad makes 2 a/some eggs and toast.

Jess Do you do 3 any/some activities on Saturdays?

Eric Yes, l'm in 4 a/an athletics club. We train in the afternoon and usually eat 5 a/some pasta when we finish. Then we go and watch 6 a/any film at the cinema. I love Saturdays!

Score $\qquad$ 16

6 Complete the sentences with the correct form of there is/are.

1
but 2 $\qquad$ a restaurant at my school

3 $\qquad$ some bananas in my
lunchbox but 4 $\qquad$
$\qquad$ an apple.
5 $\qquad$ any rice today but
6 $\qquad$ some pasta

Score $\qquad$ /6

7 Complete the interview with one word in each gap.

## Celebrity fridges \# 132

## This week, we ask celebrity

YouTuber Hoopie Dewson
'What's in your fridge?'
1 How $\qquad$ fruit is there in your fridge, Hoopie?
Let's see. There are some lemons and some grapes.
That's all.

2 How $\qquad$ lemons are there?
There are six lemons.

3 And $\qquad$ there any meat?
4 No, there $\qquad$ . I'm a vegetarian.

5 How $\qquad$ milk is there?
6 Not a lot. Let's see. Oh ... there isn't $\qquad$ milk.
I've got no milk! I need to go shopping!
$\qquad$ /6

8 Choose the correct answers to complete the dialogue.
Nigel Hi Thea. What 1 $\qquad$ ?
Thea I'm putting on my boots. I'm going horse-riding.
Nigel Really? Where 2 $\qquad$ you go horse-riding?
Thea I go to the Northfield Trekking Centre. My lesson always 3 $\qquad$ at 11:00 am.

Nigel How 4 $\qquad$ lessons are you having?

Thea Twenty lessons.
Nigel Are they expensive?
Thea Yes, they are, but I want to learn, and having lessons is 5 $\qquad$ than watching videos.

Nigel Is it dangerous?
Thea Yes, it is. That's why 16 $\qquad$ wear a helmet!

Nigel Yes. Don't forget 7 $\qquad$ $!$

| $\mathbf{1}$ a do you do | b you doing | c are you doing |
| :--- | :--- | :--- |
| $\mathbf{2}$ a do | b are | c does |
| $\mathbf{3}$ a starting | b is starting | c starts |
| $\mathbf{4}$ a much | b many | c are |
| $\mathbf{5}$ a better | b more good | c best |
| $\mathbf{6}$ a can | b must | c must to |
| $\mathbf{7}$ a them | b him | c it |

Score $\qquad$

## Reading

## Quick snacks

## Three teenagers tell us their favourite snacks that they can make in less than ten minutes.

My favourite quick snack is pizza bread. I toast a piece of bread for two minutes. Then, I put tomato sauce on one side, add cheese, some herbs and spices and more cheese! Then I toast the side with the cheese for two minutes. Five minutes to make and two minutes to eat! Delicious! - Gerard

My mum makes a snack called pikelets. They're very simple and now I can make them. The most important ingredients are eggs, butter and sugar. You mix everything together and cook a bit of the mixture and turn it over. Each pikelet takes about two minutes to cook. I put chocolate sauce on them. I can eat five or six!

- Harriet

I make a smoothie by putting four pieces of frozen banana, some other fruit and some milk in an electric mixer. I mix it for one minute and drink it! It's very good for you. I sometimes use vegetables as an alternative to fruit. Making a smoothie is cheaper than going to a juice bar, but it's nicer when someone makes it for you! - Polly

10 Read the text again. Are the sentences $\mathbf{T}$ (true) or $F$ (false)?

1 Gerard uses one piece of bread to make pizza bread.

T/F
2 Gerard cuts a tomato to make his snack.

3 Gerard eats his snack faster than he makes it.

## T/F

4 Harriet thinks pikelets are easy to make.

5 Pikelets take five or six minutes to cook.

6 You must use eggs to make pikelets.

7 Polly doesn't think her snack is good for her.

8 Polly always uses fruit in her smoothies.
T/F
9 Making a smoothie is less expensive than buying one.

T/F
10 Polly enjoys her smoothie more when she makes it.

11 Which of the quick snacks in the text would you like to try? Why? Put them in order from your favourite to least favourite.

## Gerard

a snack, two minutes, side, cheese
b pizza bread, toast, cheese, herbs

## Harriet

a pikelets, eggs, butter, sugar
b eggs, mixture, cook, six

## Polly

a mixer, alternative, juice bar
b smoothie, fruit, drink, good

## Listening

12 Before you listen, look at exercise 13. Choose the type of word you need for each question (1-6) from the words in the box.

> a comparative adjective a direction a food an adjective a place a time

1
2
3
4
5
6
Score /3
$13 \uparrow$ Listen and complete the notes with one or more words.
1 Sara is asking for directions to the
$\qquad$ _.
2 The park is on the $\qquad$ .
3 Sara's cooking class is at $\qquad$ .

4 In the lesson, Sara will learn how to make a dish with $\qquad$ as the most important ingredient.

5 Martin thinks that getting the underground will be
$\qquad$ than walking.
6 After the lesson Sara and Martin are going to an
$\qquad$ restaurant.

14 Listen again. Are the sentences $\mathbf{T}$ (true) or
F (false)?

1 The shopping centre is next to the train station.

2 Sara decides to wait for the next bus.

3 The cooking class doesn't cost anything.

4 The class is for people with not much experience of cooking.

5 Sara and Martin must walk for ten minutes to get to the underground station.
6 The Italian restaurant isn't far away.

## Speaking

15 Choose the correct option to complete the dialogue.

Ana Excuse me. Can you tell me how to 1 get/arrive to the skate park?
Ben Of course. Go straight 2 past/ahead along North Road. Turn right 3 to/into Well Street. Go 4 along/past the juice bar. The skate park is $5 \mathrm{in} / \mathrm{on}$ the left.

$$
\text { Score __ } 5
$$

16 Work in pairs. Ask for and give directions in the Speaking task from your teacher.
$\qquad$

## Writing

17 Read the advert in an online magazine and write a description.

## Checklist

Paragraph 1: The place.
Paragraph 2: Describe the place.
Paragraph 3: What you do there.
Paragraph 4: Why you like it.

## Where is your favourite place to spend time with your friends?

Describe the place.
Say what you do there and why you like it.
We will put the best description in our magazine.

Write 60-80 words.
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$

Teacher's comments:
Vocabullary __/25
Grammar __/25
Reading __/15
Listening __/15
Speaking __/10
Writing __/10
TOTAL __/100


PROGRESS TEST:

## HIGHER

$\qquad$ Result: _/100

## Vocabulary

## 1 Read the definitions and write the food.

1 This meat comes from cows. $\qquad$
2 You use this yellow dairy product in cooking. People put it on bread or toast. $\qquad$
3 If you cut a potato and cook it in hot oil, you can make these. $\qquad$
4 This small green or purple fruit grows in a group called a bunch. In some countries, people eat 12 of these to celebrate the end of the year.
5 This is a large round fruit with a hard green or yellow skin. It's very sweet! $\qquad$
6 This round vegetable has got a thin dry skin. It's usually white inside and has got a very strong taste and smell. $\qquad$
Score $\qquad$ 16

## 2 Complete the dialogue with food and drink words.

Lucy What do we need to buy for Dad's birthday meal, Mike?

Mike Mum wants to make an omelette, so we need 1 $\qquad$ . If we get 12 , we can make a birthday 2 $\qquad$ too.
Lucy Great! Dad likes pizza, so for that we need cheese, a pizza base and tomato 3 $\qquad$ -
Mike Pizza tastes better with 4 $\qquad$ and spices on. Let's get some oregano.

Lucy Sounds good. I think we need 5 $\qquad$ for my cereal in the morning
and for Dad's coffee. Let's get one litre.
Mike Perfect. We can get some ice 6 $\qquad$ as well. Which do you prefer: vanilla, strawberry or chocolate?

Lucy Chocolate of course!
Score__/6

3 Complete the text with one word in each gap.

## Making our town better

I like my town but there are some changes I'd like to make. I think we need more 1 $\qquad$ for people to ride their bikes in, because cycling near cars is dangerous. Also, if I go by bike, I need to find a safe place to leave it. In the town centre, I like to go to the big 2
because it's got seven floors and you can buy anything there, but there isn't a 3 $\qquad$ near
it. I have to leave my bike and walk for ten minutes.
On the positive side, it's true that we've got a great
4 $\qquad$ where I can play table
tennis, but we don't have a 5 $\qquad$
to go skateboarding. Finally, l'd like a 6 $\qquad$
$\qquad$ near my house. The nearest stop is 20
minutes away and I don't like walking!

> Score /6

## 4 Choose the correct answers to complete the

 dialogue.Jamal Hi Kai. Are you enjoying the camping trip?
Kai Yes, but l'm glad l've got a warm 1 $\qquad$ , it was very cold last night.

Jamal I know. There's 2 $\qquad$ on the ground this morning. Everything is white.
Kai Wow! You're right! It's beautifu!! I'm wearing my 3 $\qquad$ today. I don't want to get cold. One good thing about camping is that we don't need to 4 $\qquad$ our beds.
Jamal True. What are we having for breakfast?
Kai Usually on camping trips, we have something simple like cereal with 5 $\qquad$ . At home I usually make an omelette but here we haven't got any 6 $\qquad$ . What are you doing, Jamal?

Jamal I'm looking for my toothbrush.
Kai It's here in your 7 $\qquad$ with your toothpaste. Here you are.

Jamal Thanks!

| $\mathbf{1}$ | a tights |  | c suitcase |  |
| :--- | :--- | :--- | :--- | :--- |
|  | b sleeping bag | d T-shirt |  |  |
| $\mathbf{2}$ | a icy | b frost | c fog | d freezing |
| $\mathbf{3}$ | a scarf | b sandals | c shorts | d sun cream |
| $\mathbf{4}$ | a have | b do | c make | d collect |
| $\mathbf{5}$ | a cake | b ice cream | c sauce | d milk |
| $\mathbf{6}$ | a chips | b eggs | c pasta $\quad$ d mushroom |  |
| $\mathbf{7}$ | a suitcase |  | c wash bag |  |
|  | b sleeping bag | d water bottle |  |  |

## Grammar

 Score /6

6 Complete the interview with the correct form of there is/are.
Interviewer $\qquad$ a restaurant at your school?

| Alba | Yes, 2 $\qquad$ $\qquad$ .We have lunch at 1:30 pm. 3 $\qquad$ $\qquad$ two menus. One costs $£ 2.50$ and the other costs $£ 3.50$ because you can have a dessert. |
| :---: | :---: |
| Interviewer | How many different desserts 4 $\qquad$ ? |
| Alba | Usually three. I usually have ice cream, but if 5 $\qquad$ any ice cream, I don't have dessert. |
| Interviewer | 6 $\qquad$ $\qquad$ any vegetarian food? |
| Alba | Yes. I often have the vegetarian dish. It's usually delicious! |

Score /6

7 Complete the interview with much, many, any or the correct form of there is/are.

## Celebrity fridges \# 132

This week, we ask celebrity
YouTuber Hoopie Dewson
'What's in your fridge?'
$\qquad$ fruit $\qquad$ in your fridge, Hoopie?
Let's see. There are some lemons and some grapes. That's all.

| ow ___ lemons | ? |
| :---: | :---: |
| There are six lemons. |  |
| 3 And | meat? |
| 4 No, | I'm a vegetarian. |
| 5 How __ milk | ? |
| 6 Not a lot. Let's see. Oh ... there |  |
| milk. I've got no milk! I need | hopping! |

> Score__/6

8 Choose the correct answers to complete the dialogue.
Nigel Hi Thea. What 1 $\qquad$ ?

Thea I'm putting on my boots. I'm going horse-riding.
Nigel Really? Where 2 $\qquad$ you go horse-riding?

Thea I go to the Northfield Trekking Centre. My lesson always 3 $\qquad$ at 11:00 am.

Nigel How 4 $\qquad$ lessons are you having?
Thea Twenty lessons.
Nigel Are they expensive?
Thea Yes, they are, but I want to learn and having lessons is 5 $\qquad$ than watching videos.

Nigel Is it dangerous?
Thea Yes, it is. That's why I 6 $\qquad$ wear a helmet!

Nigel Yes. Don't forget 7 $\qquad$ $!$

| 1 | a do you do <br> b you doing |  | c are you doing <br> d do you doing |  |
| :---: | :---: | :---: | :---: | :---: |
| 2 | a must | b are | c does | d do |
| 3 | a starting | b is starting | c starts | d start |
| 4 | a much | b do | c are | d many |
| 5 | a better <br> b more good |  | c best <br> d the best |  |
| 6 | a can | b must | c must to | d can't |
| 7 | a them | b him | c it | d her |
|  |  |  | Score __/7 |  |

## Reading

## Quick snacks

## Three teenagers tell us their favourite snacks that they can make in less than ten minutes.

My favourite quick snack is pizza bread. I toast a piece of bread for two minutes. Then, I put tomato sauce on one side, add cheese, some herbs and spices and more cheese! Then I toast the side with the cheese for two minutes. Five minutes to make and two minutes to eat! Delicious! - Gerard

My mum makes a snack called pikelets. They're very simple and now I can make them. The most important ingredients are eggs, butter and sugar. You mix everything together and cook a bit of the mixture and turn it over. Each pikelet takes about two minutes to cook. I put chocolate sauce on them. I can eat five or six! - Harriet

I always have a smoothie for breakfast. I get four pieces of frozen banana with some other fruit and some milk and put it in an electric mixer. Then mix for one minute and drink! It's very good for you. I sometimes use vegetables as an alternative to fruit. A small smoothie in a juice bar is five euros. With my ingredients, I can make three small smoothies for three euros! But it's nice when someone makes it for you, and the juice bar has lots of combinations to choose from. - Polly

9 Read the article. What are the key words in each text? Choose the correct answers.

## Gerard

a pizza bread, toast, cheese
b snack, one minute, cheese
c pizza, piece, delicious

## Harriet

a eggs, cook, six
b pikelets, eggs, butter, sugar
c mum, ingredients, sauce
Polly
a breakfast, mixer, alternative
b four, electric, vegetables
c smoothie, fruit, drink, good

10 Read the text again. Are the sentences T (true) or F (false)?

1 Gerard can eat his snack faster than he makes it.

2 Harriet can't make pikelets.

3 Pikelets take five or six minutes to cook.

4 Polly has a smoothie every day.

5 Polly sometimes uses milk instead of fruit.
T/F
6 It is more expensive to make smoothies than to buy them.

T/F
Score $\qquad$

11 Choose the correct answers to complete the sentences.
1 When making his snack, Gerard uses
a two pieces of bread.
b one piece of bread.
c a tomato.
2 To make pikelets
a you only need three ingredients.
b you need an electric mixer.
c you must use eggs.
3 A smoothie
a takes one minute to drink.
b always has fruit in it.
c is a healthy drink.
4 Polly likes going to a juice bar for a smoothie because
a there is a variety of smoothies.
b she can make her smoothie there.
c the people who work there are friendly.
Score __/4
12 Which of the quick snacks in the text would you like to try? Why? Put them in order from your favourite to least favourite.

## Listening

13 Before you listen, look at exercise 14. Choose the type of word you need for each question (1-6) from the words in the box.
a direction a form of transport a period of time a singular noun a type of food a verb

1
2
3
4
5
6
$\qquad$ /3
$14 \uparrow$ Listen and complete the notes with one or more words.
1 Sara needs to go $\qquad$ after the park to reach the shopping centre.

2 Martin says it takes $\qquad$ to get to the shopping centre on foot.
3 At 7:00 pm, Sara is doing a $\qquad$ at the shopping centre.
4 Sara will be learning how to cook $\qquad$ food.
5 Sara agrees to travel to the shopping centre with Martin by $\qquad$ .
6 At first, Sara doesn't $\qquad$ the station. Score _ $/ 6$

15 Listen again and choose the correct answers to complete the sentences.
1 The shopping centre is a next to the train station.
b not on Green Street.
c after the park.
2 Martin says
a the bus takes one hour to get to the shopping centre.
b the buses are not very frequent.
c the bus stop is after the park.

3 The cooking class
a doesn't cost anything.
b starts at 6:45 pm.
c is in an Italian restaurant.
4 Sara asks Martin
a to watch her learning to cook.
b to come to the class with her.
c to eat noodles with her after the class.
5 Martin says
a walking is the quickest way to the shopping centre.
$\mathbf{b}$ the underground station is ten minutes away.
c the shopping centre is two stops away on the underground.
6 The Italian restaurant
a makes great pizzas.
b isn't very far away.
c is opposite the underground station.
Score__/6

## Speaking

16 Choose the correct option to complete the dialogue.

Ana Excuse me. Can you tell me how to 1 get/arrive to the skate park?
Ben Of course. Go straight 2 past/ahead along North Road. Turn right 3 to/into Well Street. Go 4 along/past the juice bar. The skate park is 5 in/on the left.
Score

17 Work in pairs. Ask for and give directions in the Speaking task from your teacher.

Score /5

## Writing

18 Read the advert in an online magazine and write a description.

Write 80-100 words.

Where is your favourite place to spend time with your friends?

Describe the place.
Say what you do there and why you like it.
We will put the best description in our magazine.
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$

Teacher's comments:

|  |  |
| :---: | :---: |
| Vocabulary __/25Grammar |  |
| eading __/ 15 |  |
| Listening __/ 15 |  |
| Speaking __/10 |  |
| riting ___/10 |  |
|  |  |


[^0]:    6 Which snack in the text do you like best? Describe the snack and give two reasons why in about $\mathbf{3 0}$ words. (2 points)

